

TABLE 19-1. SCREENING METHODS FOR PATIENTS AT AVERAGE RISK

Test	Interval After Negative Test	Requires Bowel Prep?	Notes
Colonoscopy	Every 10 years	Yes	Preferred screening method by the ACG, ACS/USMSTF/ACR, and NCCN
Flexible sigmoidoscopy	Every 5 to 10 years ± FOBT every 3 years	Yes (partial)	Positive result → colonoscopy
CT colonography	Every 5 years	Yes	Polyps >5 mm → colonoscopy
DCBE	Every 5 years	Yes (partial)	No longer recommended by ACG, USPSTF, or NCCN
FOBT	Annually ± sigmoidoscopy every 5 years	No	Positive result → colonoscopy
FIT	Annually ± sigmoidoscopy every 5 years	No	Preferred cancer detection test by the ACG Positive result → colonoscopy
Stool DNA test	Uncertain—at least every 3 years	No	Positive result → colonoscopy