



## TINEL'S SIGN

### TEST POSITIONING

The subject can sit or lie supine.

### ACTION

The examiner gently taps the cervical area near Erb's point, which can be found anterior to the transverse process of C6, approximately 2 cm superior to the location of the clavicle (Figure CS2-4).



Figure CS2-4.

### POSITIVE FINDING

A subjective reporting of a change in sensation to the upper extremity on the ipsilateral side resulting in increased pain or absent/diminished sensation is a positive finding, indicating brachial plexus pathology.

### SPECIAL CONSIDERATIONS/COMMENTS

This area is believed to be where the proximal portion of the brachial plexus is most superficial. A positive finding should be combined with a complete cervical nerve root assessment prior to any involved pathology to the brachial plexus.