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Domain III Immediate and Emergency Care

SCENARIO 1: MANAGING HEAD INJURIES IN A WRESTLING MATCH

During a match, a high school wrestler collided head to head with another wrestler while attempting a takedown. He was winning by a score of 6 to 5. The official stopped the match to have the wrestler checked out by the athletic trainer. No illegal move was called and no type of misconduct penalty was awarded to either wrestler, so if either wrestler could not continue, a forfeit would be awarded to the able wrestler, as well as 6 team points, possibly costing the other team the match.

The athletic trainer was given 1 minute and 30 seconds of injury time for an evaluation. Upon examination, the wrestler insisted he was fine, but he looked a little out of it. The athlete reported no symptoms other than some blurred vision in the eye on the side of the collision. The athlete passed all tests and answered all questions. Meanwhile, the coaches were giving instructions while the athletic trainer was trying to assess the wrestler.

Discussion Questions

1. How would you handle this situation?
2. What special tests would you focus on?
3. What history questions would you ask?