

Maintaining the Clinician's Therapeutic Presence



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OUTLINE

- Physical Therapy Clinical Reasoning and Reflection Tool
- Burnout: Definition, Causes, and Solutions/Prevention
- Physical Therapists' Personal Factors
 - Behaviors of Mental Illness: Putting Ourselves in the Patient's Place
 - Health Behaviors
 - Integrating Professional Development
- Summary
- Key Points
- Review Questions
- Case Studies

LEARNING OBJECTIVES

- State potential uses of the Physical Therapy Clinical Reasoning and Reflection Tool (PT-CRT), or portions thereof, related to current or past clinical cases
- Summarize the appearance and subjective signs/symptoms of burnout
- List ways to decrease or prevent personal burnout

For physical therapists, providing effective patient care goes beyond learning procedural and educational interventions, keeping current on medical conditions and medications, and choosing the best treatment techniques for each patient. Gaining expertise by reflection is not enough either, especially with patient populations where psychiatric and medical complexity is the norm.