

REFLECTION

Without the revision of the EAP and hiring the EMS company, it is difficult to say how this situation may have turned out. Emergency action plans are important for the full safety of athletes. This includes field safety, proper communication, and emergency transportation availability. The EAP should all be in writing and approved by the medical staff and the athletic administration. Many people think that we have it all in our heads for what we should do in case of a medical emergency, but it all has to be in writing and then properly practiced if it is going to work in the correct manner. Development and revisions of proper EAP for all athletic teams, at any level, should not take a long time to properly put together and get approved. It only takes a few moments of our life to make sports safe. The key thing is to get everyone on the same page and make it work for the benefit of our athletes.



Figure 32-1. Emergency action plan component chart.