

<i>HOUR</i>	<i>THURSDAY, APRIL 7</i>	<i>FRIDAY, APRIL 8</i>	<i>SATURDAY, APRIL 9</i>
6:00 to 7:00 am			
7:00 to 8:00 am	Breakfast	Breakfast	Breakfast
8:00 to 9:00 am	Anatomy (UE)	Practice emergency procedures with Tim, Mike, Bob	Practice evaluations
9:00 to 10:00 am	Anatomy (UE)		Therapeutic modalities
10:00 to 11:00 am	Ankle/UE taping	Practice emergency procedures with Tim, Mike, Bob	Shoulder, knee, ankle
11:00 am to 12:00 pm	Knee taping		Shoulder, knee, ankle
12:00 to 1:00 pm	Lunch	Lunch	Lunch
1:00 to 2:00 pm	Nutrition	Anatomy (LE)	Anatomy (back/neck)
2:00 to 3:00 pm	Run	Anatomy (LE)	Anatomy (back/neck)
3:00 to 4:00 pm	Kinesiology/biomechanics	Health care administration	Psychology
4:00 to 5:00 pm	Kinesiology/biomechanics	Professional responsibility/development	Human physiology
5:00 to 6:00 pm	Physics	Swim at pool	Biking with Sue
6:00 to 7:00 pm	Dinner	Dinner	Dinner
7:00 to 8:00 pm	Rehabilitation/therapeutic exercise	Athletic training evaluation	Exercise physiology
8:00 to 9:00 pm	Rehabilitation/therapeutic exercise	Athletic training evaluation	Movie
9:00 to 10:00 pm	Rehabilitation/therapeutic exercise	Athletic training evaluation	Movie
10:00 to 11:00 pm			

Figure A-2. Sample daily log.