

APPENDIX 48

Splints

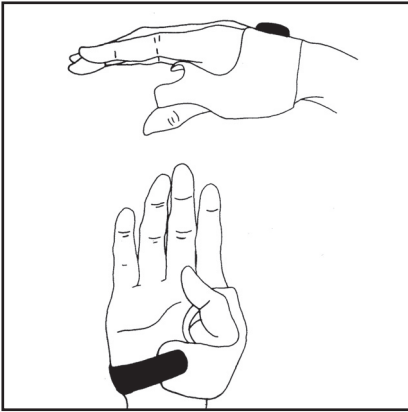


Figure 48-1. C-splint. Used for median nerve injury, prevents thumb adduction.

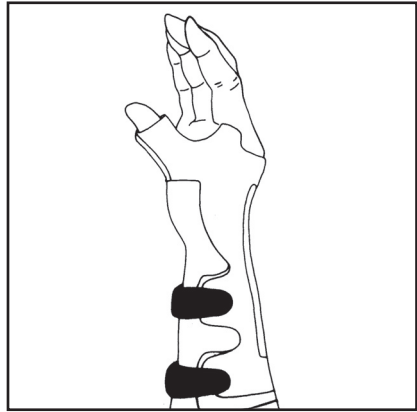


Figure 48-2. Dorsal long opponens. Used for multiple diagnoses: Arthritis, scaphoid fractures, De Quervain's syndrome, and extensor pollicis longus rupture.

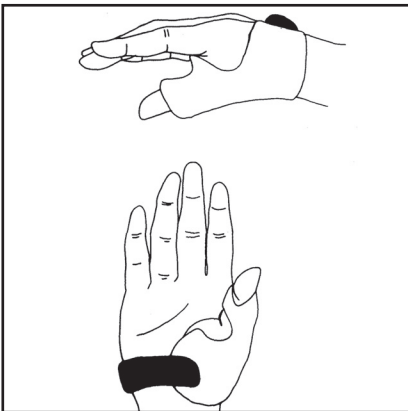


Figure 48-3. Short opponens, aka basic opponens. Used for disorders of the carpo-metacarpal and metacarpophalangeal joints (e.g., clawhand). Leaves wrist and thumb interphalangeal joint free for functional use.

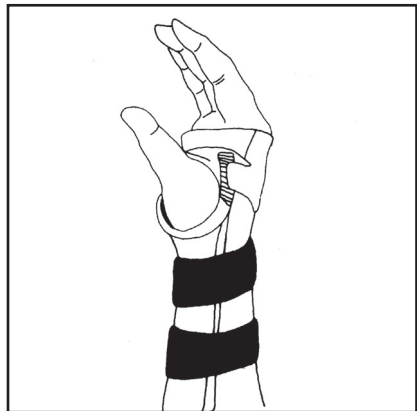


Figure 48-4. Volar wrist cock-up. Used for carpal tunnel syndrome, wrist sprains, arthritis, and lateral epicondylitis.