



Table 1-4

*HELPFUL HINTS AND SPECIFIC TESTS
FOR THE CERVICAL SPINE EXAMINATION*

<i>Test</i>	<i>Photograph</i>	<i>Description</i>
Lhermitte's sign		Shock-like sensation in trunk or extremities caused by axial load with flexion or extension of the neck; pain is believed to occur from reduction in foraminal or spinal canal space
Compression		Axial compression may reproduce symptoms related to nerve root compression, while gentle distraction may relieve those symptoms

(continued)