

# Chapter 10

## PSYCHOSOCIAL ASPECTS OF CHILD AND ADOLESCENT SPORTS

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### Chapter Objectives

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- ❖ Provide an overview of youth sports in the United States.
- ❖ Discuss the principles of normal growth for children.
- ❖ Discuss specific problems associated with participation in youth sports.
- ❖ Discuss appropriate intervention strategies to address special problems associated with youth sports.
- ❖ Discuss the role of the athletic trainer and other allied health professionals in supporting adolescent athletes.