

Self-Care/Work/Leisure

10. Explain how you would organize an ADL session with Gloria, with the focus on teaching bathing techniques.
11. What precautions would you need to take to ensure Gloria's safety during an ADL retraining session?
12. Gloria tells you she feels like her clothes are "itching" her, and it is irritating for her to have anything touch her skin. Why might this be? How do you explain it to Gloria?
13. What can Gloria do to get relief from the situation in Question 12?

Equipment/Adaptations

14. What type of adaptive equipment might Gloria need to begin regaining independence in daily tasks?
15. What are the pros and cons of issuing adaptive equipment to a person in burn rehabilitation?

Neuromusculoskeletal

16. Write out a protocol of treatment focusing on desensitization treatment.
17. Write out a plan to restore Gloria's AROM.
18. Write out a plan for Gloria, focusing on hand strength and coordination.
19. How would you assess her strength and coordination on an ongoing basis?

Psychosocial

20. Gloria says she does not feel emotionally ready to even be in the OT room near the kitchen area. How do you respond to her request? Who might you tell about this?
21. What type of emotional impact do you think this injury has had on Gloria? On her family?
22. List the feelings Gloria has probably felt since her accident.
23. What professional discipline(s) could you recommend to help her deal with these issues?
24. Gloria has been praying with her pastor. How might a person's spirituality aid in the rehabilitation process?

Patient/Family Education

25. Gloria asks you to explain the scarring process to her. Write out what you would tell her.

Situations

26. The case manager from a worker's compensation agency asks you for documentation regarding Gloria's progress. What are you allowed to disclose, and what is confidential?
27. You are performing PROM with Gloria, and she is in obvious pain. She tells you to keep going. Do you? Why or why not?