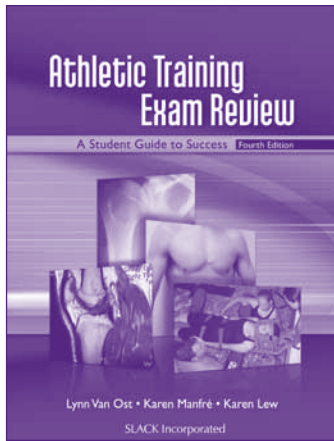


Athletic Training

PRODUCT LISTING



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Athletic Training Exam Review: A Student Guide to Success, Fourth Edition

Lynn Van Ost MEd, RN, PT, ATC, *Hunterdon Medical Center, Flemington, NJ*;
 Karen Manfre MA, ATR, *Hunterdon Central High School, Flemington, NJ*;
 Karen Lew MEd, ATC, LAT, *University of Miami, Coral Gables, FL*

304 pp., Soft Cover, 2009, ISBN 13 978-1-55642-854-8, Order# 48548, **\$54.95**

For more than 12 years, athletic training students have relied on *Athletic Training Exam Review* to guide them through the exam process and prepare them for the biggest day of their educational career. The expanded and updated *Fourth Edition* continues the tradition of past editions and will help to prepare students for the BOC exam.

Inside The Text You Will Find:

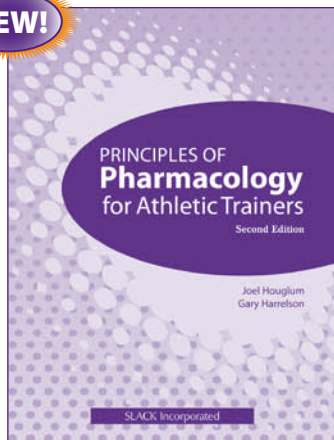
- Multiple choice questions — **over 1,050 questions**
- True and false questions — **60 questions**
- Applied decision making questions — **over 25 realistic clinical scenario questions**
- Skill assessment questions — **over 25 questions about realistic tests and procedures**
- Critical thinking questions — **over 10 problem-based questions related to medical conditions**

On-line Testing Components Include:

- Multiple choice questions — **3 exams of 150 randomly selected questions** from an on-line bank of 450 questions
- True and false questions — **3 exams of 30 randomly selected questions** from an on-line bank of 60 questions
- Identification questions — **8 anatomically based questions** incorporating a “drag and drop” feature to reinforce the learning process
- Applied decision making questions — **3 tests (2 problems each) of clinical scenario examples**— apply what you have learned to solve the situation
- Critical thinking questions — **10 problem-based questions** related to medical conditions— narrow down the answer choices to the correct diagnosis

“Overall, this book offers a great deal of value for the money in providing students with a large volume of practice questions to assist in preparing for the BOC exam. I would highly recommend this book as a study guide for all entry-level athletic training students.”

— Jolene M. Henning, EdD, ATC, LAT,
University of North Carolina at Greenboro, Greenboro, NC, Journal of Athletic Training



Principles of Pharmacology for Athletic Trainers, Second Edition

Joel E. Houglum PhD, *South Dakota State University, Brookings, SD*;
 Gary L. Harrelson EdD, ATC, *DCH Regional Medical Center, Tuscaloosa, AL*

480 pp., Soft Cover, 2011, ISBN 13 978-1-55642-901-9, Order# 49010, **\$42.95**

This *Second Edition* has expanded the comprehensive and unique aspect of pharmacology presented in the best-selling *first edition* by introducing new information on:

- Drug and treatment strategies.
- Aspects of Type 1 and Type 2 diabetes, including treatment strategies, the disease process, diagnosis & monitoring of diabetes, and issues that are important for the athletic trainer.
- The foundational concepts and pharmacological treatment of schizophrenia, depression, bipolar disorder, various anxiety disorders, and attention deficit-hyperactivity disorder.
- Discussion of herbal supplements, federal regulations, and safety & quality issues related to herbal supplements.

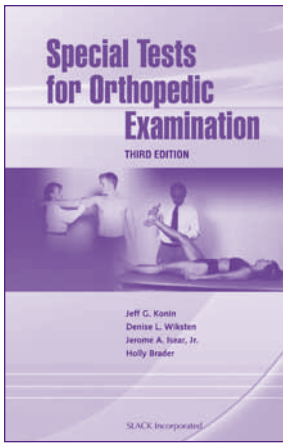
Features of the Second Edition:

- Educational prompts are provided in each chapter in the form of an advanced chapter organizer.
- Shadow boxes throughout to remind students of previously discussed topics.
- Summaries at the end of each section to reinforce learning.
- A section in each chapter on the role of the athletic trainer regarding the disease process and drug therapy.
- New ancillary materials specifically for faculty that include PowerPoint slides and test bank questions.

Instructor's materials available at **efacultylounge.com** that includes test bank questions, and a PowerPoint presentation.

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Special Tests for Orthopedic Examination, Third Edition

Jeff G. Konin PhD, ATC, PT, *University of South Florida, Tampa, FL*;
Denise L. Wiksten PhD, ATC, *San Diego State University, San Diego, CA*;
Jerome A. Isear Jr., MS, PT, ATC-L, *OrthoCarolina Physical Therapy, Charlotte, NC*;
Holly Brader MPH, RN, BSN, ATC, *Lehigh Valley Hospital, Allentown, PA*

400 pp., Soft Cover, 2006, ISBN 13 978-1-55642-741-1, Order# 47417, **\$47.95**

This text has been used for 15 years by thousands of students, clinicians, and rehab professionals and is now available in a revised and updated *Third Edition*. Concise and pocket-sized, this handbook is an invaluable guide filled with the most current and practical clinical exam techniques used during an orthopedic examination.

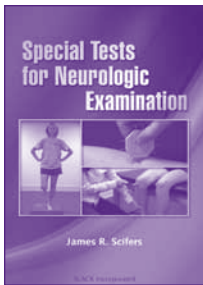
Features:

- Over 150 special tests, including the Dial Test, Lateral Scapular Slide Test, Crank Test, and Posterior Impingement Test.
- Descriptive text presented in a concise manner.
- Evidence-based references for each test.
- Detailed descriptions of each special test component: test positioning, action, and positive findings.
- Photographs illustrating the proper subject and clinician positioning, with color arrows used to depict proper force and direction for each test.
- User-friendly spiral, lay-flat binding.
- Positive results and special considerations identified for each test as they relate to the examination process.

"The information in this text is helpful for athletic trainers at all levels and would be a nice textbook to have in a clinical setting as a quick reference... this is a valuable resource."

— Jill M. Thein-Nissenbaum,
MPT, SCS, ATC, NATA News

Special Tests for Neurologic Examination



James R. Scifers DScPT, PT, SCS, LAT,
ATC, *Western Carolina University,
Cullowhee, NC*

432 pp., Soft Cover, 2008,
ISBN 13 978-1-55642-797-8, Order# 47972,
\$47.95

Ideal for students and clinicians to access quick clinical information, this text offers invaluable evaluation and assessment tips and techniques for neurologic conditions

commonly found in patients. Organized in an easy-to-use format, this text is the perfect guide for practicing clinical skills and reviewing for licensure and certification examinations.

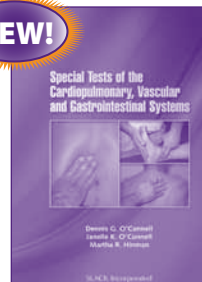
Inside You'll Find:

- Techniques for dermatome, myotome, reflex screening, and concussion testing
- Examples of various concussion grading scales and neuropsychological tests
- Special design that facilitates use of the book as a user-friendly study guide and quick clinical reference
- Data on test specificity and sensitivity to assist clinicians in determining the value and strength of various clinical examination procedures
- Additional resources for further study and exploration

"Special Tests for Neurologic Examination by Dr. James R. Scifers is a great text that compiles information about various neurologic examination and evaluation techniques into an easy-to-use guide for students, clinicians, and educators. I highly recommend, Special Tests for Neurologic Examination."

— Jessica Walter, MEd, ATC, LAT, *Cumberland University, Athletic Training & Sports Health Care*

Special Tests of the Cardiopulmonary, Vascular and Gastrointestinal Systems



Dennis G. O'Connell PT, PhD, FACSMT,
Hardin-Simmons University, Abilene, TX;
Janelle K. O'Connell PT, PhD, ATC-L,
Hardin-Simmons University, Abilene, TX;
Martha R. Hinman PT, EdD,
Hardin-Simmons University, Abilene, TX

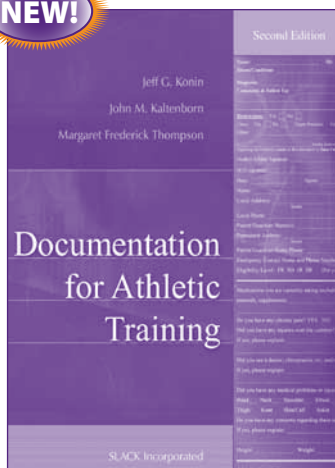
304 pp., Spiral Bound, 2011,
ISBN 13 978-1-55642-966-8, Order# 49668,
\$39.95

Organized in a user-friendly format, this book provides a unique, compact, and concise summary of over 95 special tests and exam procedures.

Drs. Dennis O'Connell, Janelle O'Connell, and Martha Hinman have organized this text by the different systems and describe each special test in terms of clinician action, normal findings, positive findings, special considerations, and references. Each major body region covered also includes a brief section on its history.

Features:

- **Includes more than 95 different tests and exam procedures** such as Respiratory Rate Rhythm, Carotid Artery Auscultation, Ankle-Brachial Index Test, Palpation of Abdominal Organs and Aorta, Two-and Six-Minute Walk Tests, the Talk Test, and Non-Exercise VO₂max Tests.
- **More than 125 photographs and illustrations**, including "how-to" photographs.
- Specific references based upon the latest evidence available.
- **Includes 6 appendices** covering topics such as Maximal Aerobic Power, Treadmill Calibration, and Astrand-Rhyming Nomogram.
- User-friendly, spiral, lay-flat binding.



Instructor's materials available at efacultylounge.com that includes an instructor's manual.

Documentation for Athletic Training, Second Edition

Jeff G. Konin PhD, ATC, PT, FACSM, FNATA, *University of South Florida, Tampa, FL*;
John M. Kaltenborn MS, ATC, CES, *James Madison University, Harrisonburg, VA*;
Margaret Frederick Thompson EdD, ATC, VATL, *Longwood University, Farmville, VA*
320 pp., Soft Cover, 2011, ISBN 13 978-1-55642-982-8, Order# 49828, **\$49.95**

This text details the many types of written documentation including evaluations, discharge summaries, injury reports, and medical releases. While still covering basic principles, various styles of writing, legal considerations, and documentation for reimbursement, the *Second Edition* continues to stay in stride with the trends of technology, informing the reader of the benefits and challenges of electronic documentation and e-health records.

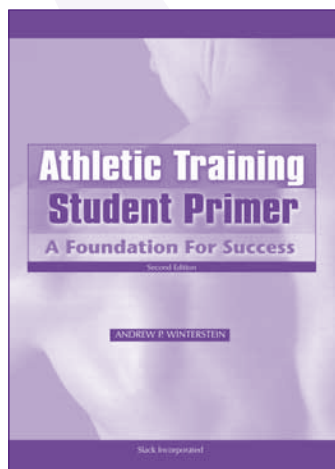
What is New in the Second Edition:

- New examples of standard documentation forms
- Broadened critical thinking questions in each chapter
- Updated chapter on electronic documentation

Features:

- Practice worksheets for documentation of clinical proficiencies
- Chapter objectives and items for discussion to evaluate learning
- “Pearls of Wisdom” emphasizing key points and professional advice
- Comprehensive medical abbreviation list
- Study questions in each chapter

With multiple examples of documentation and tips for success, this text aims to present a wide array of methods and forms, providing students, educators, and certified athletic trainers alike with a multifaceted tool box for their documentation needs.



Athletic Training Student Primer: A Foundation for Success, Second Edition

Andrew P. Winterstein PhD, ATC, *University of Wisconsin-Madison, Madison, WI*
336 pp., Soft Cover, 2009, ISBN 13 978-1-55642-804-3, Order# 48049, **\$54.95**

This *Second Edition* is a dynamic text designed to create a foundation for future study in the field of athletic training and prepares students for what they will learn, study, encounter, and achieve during their educational and professional career. An ideal first text for any program, it is the perfect choice for an introductory athletic training course.

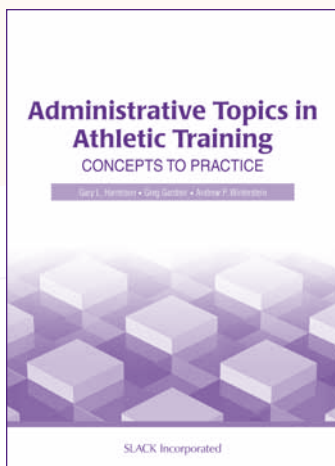
Further expanding the learning process, included with each new textbook purchase is access to a companion website with a variety of exciting multimedia features such as taping and bracing techniques, interactive anatomy animations, a glossary, flash cards, and quizzes.

What Else is New in the Second Edition:

- Career information from current athletic training professionals in a variety of settings
- Increased depth of discussion on specific injury and conditions
- Expanded resources and up-to-date information on educational requirements
- New case studies and points of historic interest to facilitate student learning
- Additional “injury spotlights” focusing on common injuries
- Anatomical drawings
- Includes additional on-line material available with new textbook purchase

“I was particularly impressed with the inclusion of student resources...The resources focus on students’ learning preferences, study skills, writing skills, time management, and stress management...The text is affordable, and its unique features may make it a viable supplement for other courses in an athletic training curriculum.”

— William A. Pitney, EdD, ATC, *Northern Illinois University, Dekalb, IL, The Journal of Athletic Training*



"This much-needed text covers a wide range of topics not discussed in other athletic training books, but definitely needed. This is an easy read for athletic training students at all levels, as well as for novice and experienced certified athletic trainers."

— Darryl Conway, MA,
University of Maryland,
Doody Enterprises, Inc.

Administrative Topics in Athletic Training: Concepts to Practice

Gary Harrelson EdD, ATC, *DCH Regional Medical Center, Tuscaloosa, AL*;
Greg Gardner EdD, ATC, *University of Tulsa, Tulsa, OK*;
Andrew P. Winterstein PhD, ATC, *University of Wisconsin-Madison, Madison, WI*
320 pp., Hard Cover, 2009, ISBN 13 978-1-55642-739-8, Order# 47395, **\$66.95**

This is a dynamic text that addresses important administrative issues and procedures as well as fundamental concepts, strategies, and techniques related to the management of all aspects of an athletic training health care delivery system.

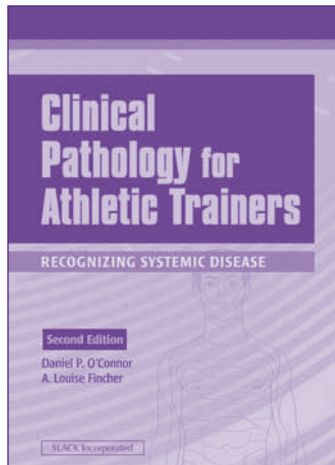
Content Areas Covered Include:

- Leadership and management theory and concepts
- Risk management and legal issues
- Finance
- Human Resources
- Ethical issues
- Athletic Training Administration
- Medical records and documentation
- Insurance and reimbursement
- Organizational skills
- Improving organizational performance
- Employment issues
- Case studies

Unique Benefits and Features Include:

- Extensive discussion of management theory
- Chapters on ethics and risk management
- Strong focus on professional development issues
- Presentation of unique reimbursement models
- Discussion of issues in the educational setting

Instructor's materials available at efacultyounge.com that includes test bank questions and a PowerPoint presentation.



"The writing style is reader friendly and appropriately informative. *Clinical Pathology for Athletic Trainers: Recognizing Systemic Disease* presents a overview of the general medical skills athletic training students need to learn. This text is a valuable resource for any entry-level athletic training student."

— Stacy E. Walker, PHD, ATC,
Ball State University,
Athletic Training & Sports Health Care

Clinical Pathology for Athletic Trainers: Recognizing Systemic Disease, Second Edition

Daniel P. O'Connor PhD, ATC, *University of Houston, Houston, TX*;
Louise Fincher EdD, ATC, LAT, *University of Texas at Arlington, Arlington, TX*
456 pp., Hard Cover, 2008, ISBN 13 978-1-55642-770-1, Order# 47700, **\$54.95**

Written specifically for athletic trainers, the updated *Second Edition* emphasizes practical knowledge; development of clinical skills, including evaluation and treatment; and development of clinical decision-making abilities.

Dr. Daniel P. O'Connor and Dr. Louise Fincher have incorporated all of the didactic and psychomotor competencies listed within the *General Medical Conditions and Pathology of Injuries and Illness* domains from the *Fourth Edition* of the *NATA Educational Competencies* into this unique text. Competencies that are addressed throughout the text are conveniently listed at the beginning of each chapter in which they are referenced. Individual lab activities are included within the chapters to aid in the development of the psychomotor skills related to evaluating general medical illnesses. Instructors will enjoy new ancillary materials such as test bank questions and PowerPoint slides.

What's New in the Second Edition:

- New chapters on pharmacology; dermatology; and eyes, ears, nose, throat, and mouth
- Integration of NATA Position Statements and Consensus Statements
- Expanded discussion on the physical exam, including detailed instructions for evaluation procedures
- New illustrations and a color atlas
- New icons throughout the text to represent action to be taken by the athletic trainer during an evaluation, such as physician referral or activation of emergency action plan

Instructor's materials available at efacultyounge.com that includes an instructor's manual, test bank questions, and PowerPoint presentation.

Gait, Goniometry, Manual Muscle Testing

Watch, Listen, Learn...at YOUR pace.



Online tutorials are available to learn evaluation techniques such as manual muscle testing, goniometry, and gait. Watch the videos, read the text, listen to the experts explain the techniques — **all at your own pace.**

- **Video showing the application of each test**
 - Watch as the clinician positions the patient and performs the necessary test.
 - Watch as the patient favors the injury.
 - Watch as the clinician accounts for this in their testing and results.
- **Narration explains the elements of each test**
 - Listen as each step being performed by the clinician is explained in accurate detail.
 - Listen as the patients' actions are explained and how they play a role in the diagnosis.
- **A study quiz promotes problem-solving skills**
 - Review what you have learned and see what areas may need more attention and study.
- **Glossary of terms**
 - Throughout the videos key words are called out with their definitions—taking learning to the ultimate level.

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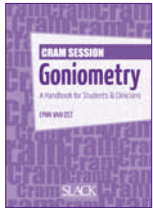
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The Cram Session Series

Cram Session in Goniometry:

A Handbook for Students & Clinicians



Lynn Van Ost MEd, RN, PT, ATC, *Hunterdon Medical Center, Flemington, NJ*

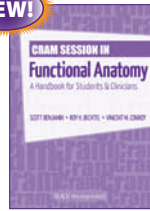
192 pp., Soft Cover, 2010,
ISBN 13 978-1-55642-898-2,
Order# 48987, **\$31.95**

What is in your "Cram Session":

- Photographs depicting each goniometric measurement
- Breakdown of each body region covered
- Each type of joint, capsular pattern, average range of motion, patient positioning, goniometric alignment, patient substitutions, and alternative methods of measurement
- Over 190 photographs

Cram Session in Functional Anatomy:

A Handbook for Students & Clinicians



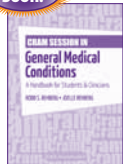
Scott Benjamin PT, DScPT, *Exclusive Physical Therapy, Lansing, MI*;
Roy H. Bechtel PT, PhD, *University of Maryland, Baltimore, MD*;
Vincent M. Conroy PT, DScPT, *University of Maryland, Baltimore, MD*

144 pp., Soft Cover, 2011,
ISBN 13 978-1-55642-936-1,
Order# 49361, **\$31.95**

What is in your "Cram Session":

- Translation of basic anatomy through both clinical expertise and research evidence
- A unique understanding of the muscular system and its role in health and disease
- A section on "clinical pearls" for each muscle or group – helping make practical use of the anatomical data, and improving the diagnosis and treatment of common patient problems
- Over 100 photographs and illustrations depicting each muscle or group of muscles

Coming Soon!



Cram Session in General Medical Conditions:

A Handbook for Students & Clinicians

Robb S. Rehberg PhD, ATC, CSCS, NREMT, *William Paterson University, Wayne, NJ*; Joelle Rehberg DO

160 pp., Soft Cover, Due Late 2011,
ISBN 13 978-1-55642-948-4, Order# 49484, **\$29.95**

Cram Session in Functional Neuroanatomy:

A Handbook for Students & Clinicians

Michael F. Nolan PhD, PT, *Virginia Tech, Roanoke, VA*

200 pp., Soft Cover, Due Late 2011, ISBN 13 978-1-61711-009-2,
Order# 40092, **\$31.95**

Cram Session in Manual Muscle Testing:

A Handbook for Students & Clinicians

Lynn Van Ost MEd, RN, PT, ATC, *Hunterdon Medical Center, Flemington, NJ*

160 pp., Soft Cover, Due Late 2012, ISBN 13 978-1-55642-997-2,
Order# 49950, **\$29.95**

Biomechanics of Human Motion: Basics and Beyond for the Health Professions



Barney F. LeVeau PhD, PT, *Alabama State University, Montgomery, AL*

208 pp., Hard Cover, 2011, ISBN 13 978-1-55642-905-7, Order# 49053, **\$43.95**

This text presents a straightforward approach to the basic principles, theories and applications of biomechanics and provides numerous techniques and examples for approaching biomechanical situations enhanced by healthcare professionals.

Chapter Topics Include:

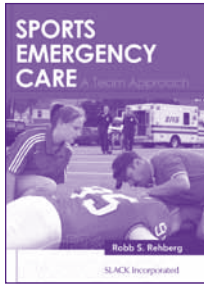
- Strength of material such as loading and stress-strain relationships
- Composition and Resolution of Forces such as graphic method and mathematical method
- Equilibrium such as static, first condition and second condition
- Dynamics such as kinematics and kinetics
- Application such as stability and balance, motion analysis, and gait

What's Inside:

- Simple explanations of biological & mechanical concepts
- Contemporary articles at the end of each chapter providing readers with information beyond the basics
- Over 240 images illustrate biomechanical situations and computations
- User-friendly, uncomplicated mathematical formulas and examples

Instructor's materials available at efacultyounge.com
that includes an instructor's manual.

Sports Emergency Care: A Team Approach



Robb S. Rehberg PhD, ATC, CSCS,
NREMT, *William Paterson University,*
Wayne, NJ

304 pp., Soft Cover, 2007,
ISBN 13 978-1-55642-798-5, Order# 47980,
\$48.95

This is an innovative text that addresses the specific educational needs of students and athletic trainers who are preparing to handle emergency medical situations in the sports arena.

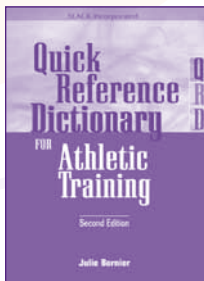
Some Topics Covered Include:

- Assessment
- Emergency planning
- Interaction with emergency medical services
- Etiology, signs, and symptoms
- Common medical emergencies in sports

"The purpose is to provide a resource for athletic training education on emergency care, and the book clearly fulfills the author's objectives. . . This is a useful resource that provides information on a topic that is very familiar to those in the athletic training profession and for which students need proper training. An entire book devoted to this very important topic is refreshing for the profession."

— Jessica Jo Groth, MA, Doody Enterprises

Quick Reference Dictionary for Athletic Training, Second Edition



Julie N. Bernier EdD, ATC, *Plymouth State University, Plymouth, NH*

416 pp., Soft Cover, 2005,
ISBN 13 978-1-55642-666-7, Order# 46666,
\$43.95

Pocket size, comprehensive, and user-friendly, this companion guide is essential for students and professionals in athletic training.

Dr. Julie N. Bernier has taken over 2,100 terms and made them accessible in one book—no longer will you need to search multiple textbooks. Also included are 20 appendices on revised and new topics such as manual muscle testing and joint mobility positioning.

Quick Reference Dictionary for Athletic Training, Second Edition, with both text and visual references, provides the athletic training student and professional with a quick overview of the essential elements of injury assessment in the field.

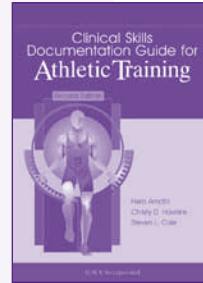
"Most books on athletic training are textbooks. Few, if any, are reference books. This work fills a niche by serving the needs of athletic trainers who require an accessible and concise resource."

— Danielle Marie Carlock, *American Reference Books Annual*

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Clinical Skills Documentation Guide for Athletic Training, Second Edition



Herb Amato DA, ATC, *James Madison University, Harrisonburg, VA*;
Christy D. Hawkins ATC, *Thomas Nelson Community College, Hampton, VA*;
Steven L. Cole MEd, ATC, CSCS,
The College of William and Mary,
Williamsburg, VA

464 pp., Soft Cover, 2006,
ISBN 13 978-1-55642-758-9, Order# 47581
\$46.95

Athletic training students are required to learn, practice, test, and master clinical skill sets throughout their educational career. A textbook that can be used from the start of their education up until graduation becomes essential to this learning process.

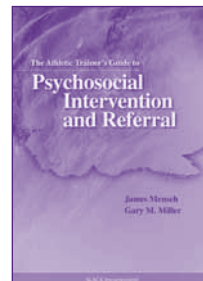
Features Inside the Second Edition:

- Over 110 new clinical skills sets—393 in total throughout the text.
- Chapters have been re-organized in a more user-friendly fashion.
- Updated references throughout the text.

"The format of the text allows peer evaluation, which promotes student interactivity and learning in a controlled environment."

— Peter Koehneke, MS, ATC, *Journal of Athletic Training*

The Athletic Trainer's Guide to Psychosocial Intervention and Referral



James M. Mensch PhD, ATC *University of South Carolina, Columbia, SC*;
Gary M. Miller PhD, NCC, *University of South Carolina, Columbia, SC*

336 pp., Hard Cover, 2008,
ISBN 13 978-1-55642-733-6, Order# 47336,
\$50.95

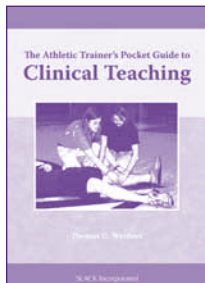
Unique Features:

- A combination of experts in counseling, medicine, and athletic training education provides the most practical and appropriate approach to the topics.
- Practical applications, scenarios, case studies, and mock intervention strategies demonstrate each psychosocial issue pertaining to athletic training.
- The text includes in-depth coverage of each educational competency and clinical proficiency related to psychosocial intervention and referral.
- The user-friendly handbook format, including a comprehensive bibliography and glossary, makes for easy use in classroom or clinic.
- Practical learning activities are presented at the end of each chapter to enhance learning opportunities.

"... a much needed textbook and reference addressing psychosocial issues encountered in athletic training and allied health care settings. The wide array of psychosocial topics provides the reader with an excellent resource to refer to when challenged with atypical health issues in athletic training settings."

— James E. Leone, PhD, ATC, CSCS*D, *The George Washington University,*
Washington, DC, Journal of Athletic Training

The Athletic Trainer's Pocket Guide to Clinical Teaching



Thomas G. Weidner PhD, ATC, FNATA,
Ball State University, Muncie, IN

208 pp., Soft Cover, 2009,
ISBN 13 978-1-55642-869-2, Order# 48692,
\$48.95

This is a condensed, well-organized reference tool that will assist Approved Clinical Instructors, Clinical Instructor Educators, and others associated with clinical education with the roles and responsibilities of the clinical education team. Each chapter concludes with reflection questions to help make connections with one's own unique environment and situation.

Features Include:

- A general background on effective clinical teaching
- Relevant educational theory
- Specific ideas and strategies for teaching in different clinical settings and situations
- Evaluation and feedback
- Content on how to approach challenges in clinical teaching
- Information for conducting initial and continuing Approved Clinical Instructor (ACI) training

"Any clinicians who serve as educators of athletic training students will find multiple concepts and tools in this book to enhance their abilities and broaden their skill set as teachers or mentors. It is well written, thorough, and easy to follow, and the concepts are current, relevant, and insightful."

— Jason S. McVeigh, MS, PT, ATC, LAT,
University of Tennessee at Knoxville, Doody Enterprises, Inc.

Athletic Training & Sports Health Care: The Journal for the Practicing Clinician



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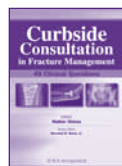
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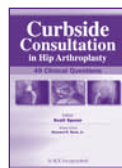
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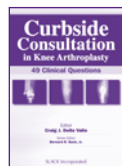
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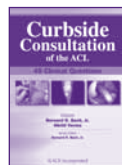
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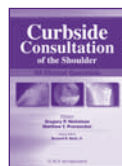
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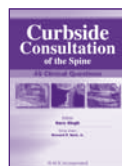
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